

CODRENEȘC  
(Transylvania, Romania)

A men's dance.

Pronunciation:

Music: Cassette-Romanian Folk Dances by N. Hilferink 4/4 meter

Formation: Line.

Meas

Pattern

Part A

- 1 Facing CCW and travelling fwd, step R (ct 1); lift L leg and slap L thigh with L hand (ct 2); step L (ct 3); slap R thigh (ct 4).  
 2 Step R (ct 1); clap hands (ct 2); step L and clap hands (ct 3); clap hands (ct 4).  
 3 Jump onto both ft, together (ct 1); clap hands (cts 2,3); jump onto both ft (ct 4).  
 4 Clap hands (cts 1,2); jump onto both ft (ct 3); clap hands (ct 4).  
 5-6 Repeat meas 1-2.  
 7-8 Facing ctr, standing on both ft together, knees slightly bent, leaning slightly to R, rotate hands around each other, snapping R and L fingers alternate cts.

Part B

- 1 Facing ctr of circle, arms shld level with bent elbows, step L to L, lifting R ft (ct 1); extend R leg across L and snap fingers (ct 2); step R to R (ct 3); step L behind R and snap fingers (ct 4).  
 2 Repeat meas 1 with opp ftwk.  
 3-6 Repeat meas 1-2, twice.  
 7 Closing #1: Step L to L, lifting R (cts 1,2); step R to R, lifting L (ct 3); jump onto both ft apart (ct 4).  
 8 Click ft together (ct 1); hold (cts 2,3,4).

Part C

- 1 Facing ctr, step L, extend R in front (cts 1,2); hop on L, bending R knee (ct 3); step R (ct 4).  
 2 Step L (ct 1); slap R shin with R hand (ct 2); step R (ct 3); slap L shin with R hand (ct 4).  
 3-6 Repeat meas 1-2, twice.  
 7 Closing #2: Step L (ct 1); slap R thigh with R hand (ct 2); slap R ankle outside (ct 3); stamp R beside L (ct 4).  
 8 Stamp L beside R (ct 1); hold (cts 2,3,4).

Part D

- 1 Facing and travelling CCW, step L (ct 1); slap R ankle outside (ct 2); step R (ct 3); slap L ankle outside (ct 4).  
 2 Step L (ct 1); slap R thigh with R hand (ct 2); slap R ankle outside (ct 3) step R (ct 4).  
 3-6 Repeat meas 1-2, twice.  
 7-8 Repeat Fig B, meas 7-8, Closing #1.

CODRENESEC (cont'd)Part E

- 1 Facing ctr, hop on L (ct 1); stamp R, no wt (ct 2);  
repeat cts 1,2 (cts 3,4).
- 2 Hop on L (ct 1); stamp R, no wt (cts 2,3,4).
- 3 Step R fwd (cts 1,2); step L behind R (ct 3); step R  
fwd (ct 4).
- 4 Hold (ct 1); step L behind R (ct 2); step R fwd (ct 3);  
stamp ball of L ft behind R, no wt (ct 4).
- 5 Step back on L, extend R fwd (cts 1,2); hop on L, bend  
R knee (ct 3); step back on R (ct 4).
- 6 Step L beside R (ct 1); slap R thigh with R hand (ct 2);  
slap R shin with R hand (ct 3); slap R thigh with R hand  
(ct 4).
- 7 Repeat meas 6 with opp ftwk but same hand.
- 8 Repeat meas 6 (cts 1,2,3); hold (ct 4).

Repeat whole dance from beginning. Variation A done  
twice through.

Presented by Nicolaas Hilferink